



MARRIAGE COMMUNICATION (SELF-LESS-NESS)

DR. DOUGLAS C. STEWART

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SELF-LESS-NESS

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SELF-LESS-NESS OVERVIEW



Ref: Genesis 2:24

- This session of marital counseling isn't about resolving conflicts and pointing out things that causes conflict.
- The focus is preventing conflict and fine tuning the marriage.

“Selflessness”

The sacrificing of two to become one...

The sacrifice of one for the other...

Incorporated into selflessness; love, respect, commitment & communication

SELF-LESS-NESS (THE HELP MEET)



“And the LORD God said, *It is not good that the man should be alone; I will make him an help meet for him*”(Genesis 2:18).

- *A family is a “team”* and each individual within the family has a certain role of functioning for family contribution
- The helpmeet is a divine purpose to reproduce as one and to love as one
- The woman is considered a helpmeet of the man because she was taking from man. Adam was created first then Eve.
- Eve becomes the completeness of man (image and likeness)

SELF-LESS-NESS



What does all the above have to do with “selflessness”?

Defining Selflessness:



THE BONDING AGENT OF SELFLESSNESS



“Again, if two lie together, then they have heat: but how can one be warm *alone*?
12 And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken” (**Ecclesiastes 4:11-12**).

- What holds a couple together?

- What are your strength in your marriage?

- What are your common Interest?

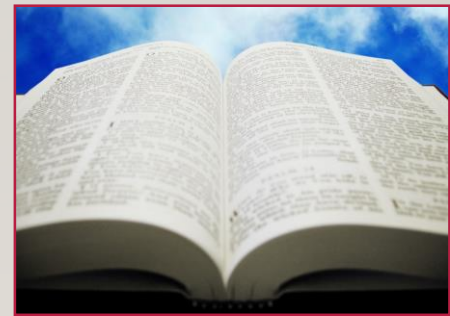


TWO BECOMING ONE



“And he answered and said unto them, Have ye not read, that he which made *them* at the beginning made them male and female, ⁵ And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh”(~~Matthew 19:4-5~~)?

- The original intent Jesus had in mind: Genesis 2:24
- The institution of marriage was in place before the fall of man.
- “One”, mean united to the point of being one... in everything



TWO BECOMING ONE (CARING)



The foundation of any successful home must include love. Peter admonished the early Christians to have love among themselves (I Peter 4:8). Nowhere should this fervent and unfailing love be more evident than in our homes. Often we forget these same principles apply to our fleshly family as well.

1. Give hospitality one to another without grudging (I Peter 4:9).
2. Be kindly affectionate one to another with brotherly love (Romans 12:10).
3. Honorably prefer one another (Romans 12:10).
4. Be kind one to another (Ephesians 4:32).

MYTHS OF FORGIVENESS



“For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:
⁴ That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit. ⁵ For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit” (**Romans 8:3-5**)

FORGIVENESS



What does forgiveness look like?

- I was wrong
 - I'm sorry
 - I don't ever want to hurt you like this again
 - Will you forgive me?
 - I forgive you for...
-
- The bottom of the slide features a horizontal band with a realistic wooden floor texture, showing vertical planks with natural wood grain and knots.



MYTHS OF FORGIVENESS

“If it be possible, as much as lieth in you, live peaceably with all men” (Romans 12:18).

- When I forgive, I must forget –No one forget hurt and pain only God can do that.
- The hurt is too great it is impossible for me to forgive –Forgiveness may be painful but it is never impossible in God’s strength.
- I don’t feel like forgiving, so it is not genuine –Forgiveness isn’t about feelings. Don’t wait on feeling, it may never come and bitterness and resentment can intervene.

MARRIAGE STRUCTURE

THREE-FOLD-CORD



Man – Woman (bond) is the strength of their commitment to each other.

- What happens when the bonding agent of two give away?

- What is the best bonding agent for a marriage?

The structure of a 3 fold cord is greater than the bond of 2 cords.



MARRIAGE STRUCTURE

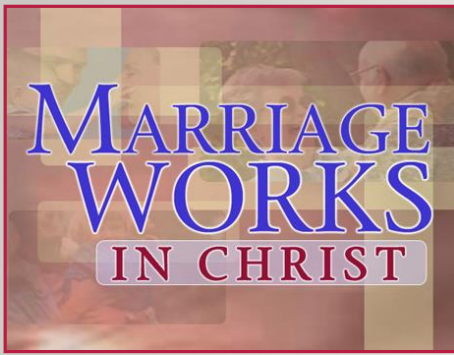
THREE-FOLD-CORD



Man – Woman – God’s (bond) is the strength of their commitment to the Lord.

When you are in a two way bonding relationship and you come loose from each other there is nothing to hold you together, the third cord is the structure need for every marriage.

The only thing that will keep you together if your bond comes apart is the Lord.



SELF-LESS-NESS SUMMARY



- The Help Meet
- The Bonding Agent of Selflessness
- Two Becoming One
- Marriage Structure

